



BUDDHIST TEACHINGS FOR TODAY

2018-19 PROGRAMME

Bodhi College is a European educational centre for meditative learning for those practising meditation and the Dharma in today's world. We draw specifically on the early teachings of the Buddha before they became codified into different Buddhist traditions.

Bodhi College offers a variety of courses, including study courses and longer programmes that emphasise day to day practice, commitment and community. We also offer weekend and online courses for all levels of study and practice experience. Bursary support is available for most courses - please visit our website for more details.

2018-19 Long Courses

The Mindfulness Course (formerly the Mindfulness Teachers' Development Programme)

Chris Cullen, Christina Feldman, John Peacock and Akincano Weber

An in depth programme of teaching and practice for Mindfulness professionals training in or teaching mindfulness based applications.

4 modules over 2 years at Meditation Center Beatenberg in Switzerland, and Sharpham House** in the UK. Modules can be booked singly.*

20-25 Feb 2018* and 1-5 Oct 2018**

18-23 Feb 2019 (tbc) * and 30th Sept - 4th Oct 2019 (tbc)**

Secular Dharma - a programme of study, practice and community

Martine Batchelor, Stephen Batchelor, Renate Seifarth and Jenny Wilks

Enabling students to recover and integrate the values, philosophy and ethics of early Buddhism into their lives so that they become more autonomous in their understanding and practice of the Dharma.

4 modules and 2 retreats over 2 years in the UK and Holland. All at St Cuthmans' Retreat Centre in the UK, apart from Gaia House Retreat Centre in the UK, and Meeuwenveen** in the Netherlands.*

13-18 Feb, 21-28 Jul* and 13-18 Nov 2018

5-10 Feb, 4-9 June** and 5-10 Nov 2019

Committed Practitioners Programme

Chris Cullen, Christina Feldman, John Peacock and Akincano Weber

An integrated approach to the study and practice of the Dharma, rooted in the Buddha's teaching of the path to liberation - studying the texts, and developing and cultivating experiential understanding in daily life and practice.

6 modules and 2 retreats over 2 years in Holland. All at Meeuwenveen retreat centre, Havelte, Netherlands, apart from Meditation Centre Beatenberg in Switzerland.*

2-7 Mar, 10-15 June, 21-28 Sept, 29 Oct - 2 Nov 2018

29 Jan - 3 Feb, 20-24 Mar, 21-28 Jun* and 5-9 Sept 2019

To be kept informed about booking dates and prices, please join our newsletter [mailing list](#).

